

## HAMPTON ROADS / NORFOLK AREA LIVE MEETUP WALK SATURDAY, MAY 31, 2025, at 12pm/Noon

If you are in the Virginia Hampton Roads/Norfolk area and you want to meetup in person for a walk, join Bonnie and the Hampton Roads walk team at Noon/12pm ET, after the Opening Ceremony. Go to the Virginia Beach oceanfront and **meet at the King Neptune statue** on Laskin and Atlantic between 30th & 32nd Streets. Street parking and garage parking nearby. After the walk we can find a restaurant nearby to get lunch, if interested.  
*(This meetup is not being run by the Sjögren's Foundation so for more information or questions, please contact Bonnie: (757) 268-4928; elverum4@gmail.com)*

